



ISSUE 1

Dear Public Presentation Series Participants,

Thank you to those of you who took time to complete the survey. Based on the responses to date we are sharing a few more resources with you. As the top challenge thus far during the pandemic was getting physical activity, we are offering a link to a program out of University of British Columbia's "Choose to Move" program that offers a wealth of resources that might be of interest. These resources include a variety of exercises and activities to help you remain active while at home:

<https://www.choosetomove.ca/for-participants>.

If you haven't already seen these, there are a variety of free virtual activities available to help during this time while we continue social distancing:

1. Smithsonian National Museum of Natural History: Self-guided tours of select current and past exhibits -

<https://naturalhistory.si.edu/visit/virtual-tour>



Picture via: <https://naturalhistory.si.edu>

2. Google has a list of Virtual Museum, Art Gallery Tours, and Google 360 views of world landmarks like the Eiffel Tower, Taj Mahal, Sydney Opera House -

<https://artsandculture.google.com/partner>



Picture via: <https://artsandculture.google.com/partner>

**These two resources were passed along to us via CARP Chapter 60 Richmond Delta Executive Team*

If you would still like to participate in the Dialogue on Aging survey, the link is still open and we would appreciate your input at:

<https://ca.surveygizmo.com/s3/50073100/Dialogue-on-Aging-Public-Presentation-Questionnaire>.

We will be back in touch with more resources once we have compiled the results. We are continuing to explore possibilities with regards to Public Presentation (PP) activities ahead until we can gather in person. Your responses to the survey will help us determine what the PP Series will look like as we continue with social distancing.

For more resources from our exhibitors, here is a link to our website:

<http://publicpresentations.providencehealthcare.org/sites/publicpresentations.providencehealthcare.org/files/PPSResources2.pdf>

We hope you are staying well and staying connected!

Best,

The Dialogue on Aging Team



<http://geriatricconference.providencehealthcare.org/>
<http://publicpresentations.providencehealthcare.org/>



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